


<p style="text-align: center;"> ONTÜSTIK-KAZAQSTAN  <b>MEDISINA</b>  <b>AKADEMIASY</b>  «Оңтүстік Қазақстан медицина академиясы» АҚ </p>	
<p style="text-align: center;">  SOUTH KAZAKHSTAN  <b>MEDICAL</b>  <b>ACADEMY</b>  АО «Южно-Казахстанская медицинская академия» </p>	
Department of History of Kazakhstan and Social and Public Disciplines	044-60/11-
Control and measuring means	

## CONTROL AND MEASURING TOOLS

Title of EP: 6V10115 – Medicine

Discipline code: RK 2108

Name of discipline: Psychology and cultural studies

Volume of teaching hours/credits: 120 (4 credits)


Course and semester of study: 2/4

Compiled by: Art. teacher Bekkulova A.A.

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Head of the Department:  Nurzhanbayeva Zh.O.

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### Questions of the program for midterm control 1

1. The concept of need in psychology.
2. Pyramid of needs by A. Maslow.
3. General organization of the motivational sphere. Definition of internal and external motives in communication.
4. Emotions. Methods and mechanisms of regulation of emotions.
5. Value orientations and attitudes of the individual.
6. Psychology of the meaning of life.
7. Values and orientations of the personality of a professional at the present stage of development of the Republic of Kazakhstan.
8. Psychology of career growth.
9. Communication. Its types and forms.
10. Functions of communication.
11. Characteristics of interpersonal communication.
12. Stages of development of stress. Symptoms of stress.
13. Stress resistance as a professional competence.
14. Techniques "Skills of volitional regulation of behavior" for the development of personal volitional qualities.
15. Development of a life path plan and a professional career schedule.
16. The concepts of "professional adaptation" and "professional development".
17. Choice of career development strategy.
18. Career motivation.
19. Planning a professional career using the "Tree of Goals" technology.
20. Cross-cultural, ethnic and age features of communication.
21. Verbal means of communication.
22. Non-verbal means of communication.
23. The nature and cause of social conflicts.
24. Types of psychological conflicts.
25. Functions and stages of development of conflicts.
26. Behavior in conflict: a strategy of cooperation, rivalry, avoidance, withdrawal, cooperation.
27. Conflict resolution as a multi-stage process.
28. Basic manipulative techniques.
29. Basic principles, rules and techniques of conflict-free communication
30. Technologies of the negotiation process.

#### **Situational tasks:**


1. Imagine that your boss asked you to come to his office urgently with three pencils, a ballpoint pen, two paper clips, an eraser and six rubber bands. With the help of what actions can you best remember all these items? Analyze the situation.
2. A person uses the phrase "Every Hunter Wants to Know Where the Pheasant Is Sitting in order to remember all the colors of the rainbow in order: red, orange, yellow, green, blue, blue and purple. What is the name of this method of memorization? Analyze the situation.

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3. Lina took a valium pill to worry less during the history exam. What is likely to happen to her? What will you do?
4. Linda has to hand over her term paper in a month. What would you advise her?  
Explain your answer.
5. Eric considers history a boring subject. How should he plan his classes? Explain your answer.
6. Entering the classroom where the math exam was taking place, Bertha was very nervous. Her mouth was dry, her palms were sweating, and there was a lump in her throat. Suddenly she realized with horror that she could not remember a single formula. What happened to Bertha? Analyze the situation.
7. Imagine that you want to find out what emotions a person is experiencing. This person gives you a verbal description of the feelings he is experiencing. Information is most useful for determining the type of his emotions. Describe the type of emotion.
8. Many scientific papers have attempted to establish the relationship between specific emotions and certain physiological reactions. What conclusion can be drawn from these studies? Analyze the situation.
9. Some psychologists claim that everyday troubles are stronger stress factors than important events. According to scientific ideas, what can increase your resistance
10. Edik constantly makes efforts to resolve the problems that cause him stress. What is he doing? Analyze the situation.
11. What conclusion can be drawn from the currently available data on the relationship between the emotional state of the patient and the nature of the course of cancer? Analyze the situation.
12. Diana worked tirelessly for two months on a course work in psychology. An unfortunate accident prevented her from handing in her work on time. And now the teacher refuses to give her an assessment, arguing that she was passed one hour late. Diana feels her face turn purple, her heart starts pounding hard. Describe how Diana could express her anger directly or indirectly or contain it. Analyze the situation.
13. I offered a friend to climb Mount Kazygurt, but he refused, explaining that he had a fear of heights. What is the name of this phobia in psychology? What you will do.
14. A 40-year-old man turned to a psychologist to determine his aptitude. During the conversation, the psychologist drew attention to the following features of the patient's temperament: a balanced, active, mobile person, easily experiencing troubles. Identify and describe the type of temperament in this patient.
15. A young girl N. likes to read sentimental novels, while deeply empathizing with the characters, has a weak type of nervous system. Identify and describe the type of temperament of the girl N.?

### Questions of the program for midterm control 2

1. The concept and essence of culture.
2. Functions of culture.
3. Space and time of culture.
4. The structure of culture.


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5. Culture and civilization. The main types of civilizations.
6. Culture as a world of signs and meanings. The concept of the language of culture.
7. The concept of a cultural code. Types of global cultural codes.
8. Symbols and archetypes of culture. Symbols and archetypes of Kazakh and Turkic culture.
9. Space and forms of culture.
10. Myth, art, religion, morality, philosophy, law, politics, science, technology.
11. Types of spiritual culture.
12. Social culture and its structure.
13. Cultural scenarios of activity.
14. Archaic culture on the territory of ancient Kazakhstan: monuments of material culture.
15. Nomadism as a type of culture. Great nomadic civilizations of Saks, Sarmatians, Scythians.
16. Cultural interaction of the Saka civilization with ancient Greek, ancient Indian and ancient Chinese.
17. Hunnic period of development of nomadic culture in Kazakhstan.
18. Indo-Buddhist type of culture.
19. Worldview systems of Indian culture (Brahmanism, Charvakas, Buddhism, Hinduism).
20. Taoist-Confucian type of culture. Culture of Ancient China.
21. Turkic culture of the Middle Ages. The development of philosophy and medieval science.
22. Art, literature, architecture, development of technology.
23. Education in medieval Kazakhstan and Central Asia.
24. Development of science and medicine. Abu Ali ibn Sina and his Canon of Medicine.
25. Great cities of the Silk Road on the territory of Kazakhstan.
26. The Mongolian period and its influence on the development of the culture of the Turkic peoples of medieval Kazakhstan.
27. Formation of the Kazakh culture The epic culture of the Kazakhs
28. Ethical values of the Kazakh traditional culture. Traditions, rituals, customs of the Kazakh people.
29. Kazakh culture at the turn of the 18th - the end of the 19th centuries. Phenomenon of the Kazakh Enlightenment.
30. Musical creativity of Kurmangazy, Tattimbet, Zhayau Musa and others

Compiled by: \_\_\_\_\_ Art. teacher Erkinbekova A.S.

Head of the Department: \_\_\_\_\_ Nurzhanbayeva Zh.O.

Protocol No. \_\_\_\_\_ 2023

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